

## Care Your Child Had Today

Your child had a physical exam today due to concerns for sexual abuse/assault. If your child's exam was normal, remember that many children who have been sexually abused have normal examinations.

Lab tests may have been obtained to check for infection. Some tests will not find early infections. Some tests may need to be repeated at a later date. Tests to look for the following infections were obtained:

- HIV
- Hepatitis B
- Hepatitis C
- Syphilis
- Trichomonas
- Gonorrhea
- Chlamydia
- Urinalysis and Urine Culture
- Herpes

Your child has been prescribed and/or given the following medications:

- Emergency Contraception
- Ceftriaxone
- Azithromycin
- Erythromycin Ethylsuccinate
- Acyclovir
- Metronidazole
- HIV Prophylaxis Medications:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- Anti-Nausea Medications

Additional Care Instructions:

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## What to Expect Next

After a sexual assault, it is normal for children to experience a wide range of emotions or behaviors. Some of those include:

- A general sense of anxiety, fear, anger, and withdrawal
- Nightmares/trouble sleeping
- Changes in appetite
- Urine and stool accidents

## When to Seek Additional Care

Contact a healthcare provider if your child experiences any new, increased or long-lasting:

- Redness, swelling, or pain in any injured area
- Genital or anal pain or bleeding
- Lower abdominal pain
- Pain or burning with urination
- Fever of 100.4 degrees F or higher
- Your child is unable to keep down any of the medications provided

## What to Do Next

It is recommended that you not ask your child about the abuse. If your child starts talking about the abuse on their own, it is okay to listen. Remember to tell investigators later or make a new report of abuse. In most cases, your child will have an interview scheduled by investigators with a trained forensic interviewer at a Children's Advocacy Center. In the meantime, you can reassure your child that you support them and tell them that talking about the abuse is difficult yet brave.

## Follow-up

A medical follow-up appointment is recommended in \_\_\_\_\_ weeks. The medical evaluation and test results can be discussed at that time.

Your contact information can be provided to the Children's Advocacy Center in your region with your consent. They may contact you to provide additional services. Also, you may call the Children's Advocacy Center in your region if you have questions or if you want to find out what services they can provide.

More information about counseling, the legal process, and resources is available in Your Guide to Kentucky's Children's Advocacy Centers, online at [www.cackentucky.org/what-we-do](http://www.cackentucky.org/what-we-do).

## Who to Contact

The following agencies are involved in your case:

- The Children's Advocacy Center in your Region: \_\_\_\_\_  
Phone Number: \_\_\_\_\_
- Department for Community Based Services  
Contact name and Phone Number: \_\_\_\_\_
- Law Enforcement Agency: \_\_\_\_\_  
Contact name and Phone Number: \_\_\_\_\_