



The following child abuse prevention programs have been pre-approved by the National Children's Alliance to meet Essential Component B of the Optional Child Abuse Prevention Standard.

- Building Foundations for Healthy Relationships (Oregon)
- The CARE Center: ROAR!
- Childhelp: Speak Up Be Safe
- Empower Me!
- Holly's House Prevention Series (Indiana)
- Monique Burr Foundation: Child Safety Matters & Teen Safety Matters
- My Future, My Choice (Oregon)
- NEST Foundation: Child Safety Basics
- NEST Foundation: You Belong Here
- P.S. Academy (Personal Safety Curriculum) written by Sunflower House
- Prevent Child Abuse Vermont: Healthy Relationships Project
- Safe and Strong Child©: Body Safety Curriculum
- Safe Touches©
- Second Step: Child Protection Unit

## Excerpt from Essential Component B of the Optional Child Abuse Prevention Standard

*Prevention education program requirements for school aged children must include the following research-supported features:*

- *Multi-session*
- *Multi-modal:*
  - *Various training modalities*
  - *Role play/practice*
- *Developmentally appropriate*
- *Parent involvement component*
- *Peer victimization (youth sexual behaviors) component*
- *Policy and train-for-the-trainers on managing disclosures that may result during the delivery of prevention education.*

## Additional programs approved by CAC Kentucky based on meeting the above criteria

Program Name	Date Approved
It's My Space	4/22/2025
Green Dot	4/22/2025
Play It Safe!	8/12/2025

*Please note that approval under this statute is limited to curriculum focused on child sexual abuse. Other curricula addressing such topics as healthy relationships and conflict resolution may be appropriate for schools but are outside of the scope of this approval process.*